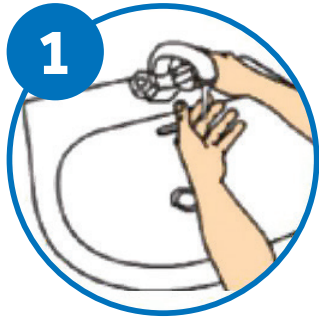


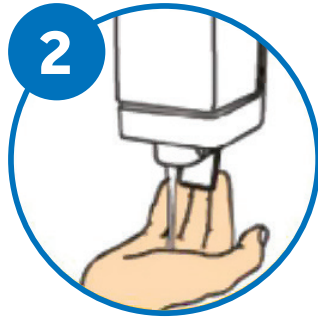


EFFECTIVE HAND WASHING



1

Wet hands with water.



2

Apply enough soap to cover all hand surfaces.



3

Rub hands palm to palm.



4

Right palm over the back of the other hand with interlaced fingers & vice-versa.



5

Palm to palm with fingers interlaced.



6

Backs of fingers to opposing palms with fingers interlocked.



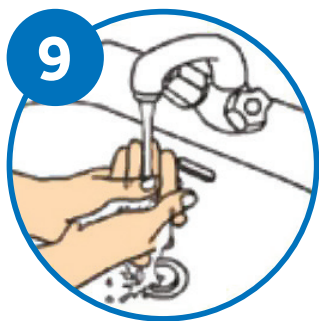
7

Rotational rubbing of left thumb clasped in right palm & vice-versa.



8

Rotational rubbing backwards & forwards with clasped fingers of right hand in left palm & vice-versa.



9

Rinse hands with water.



10

Dry thoroughly with disposable towel.

Duration of procedure:
15-30 seconds minimum



For more information call or go to one of our websites.

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